

Course Rating 72.1		Men's Navy (from 15 Apr 2025)		Par 72	Slope 129
Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™		
+5.0 to +5.0	+6	23.2 to 24.0	27		
+4.9 to +4.1	+5	24.1 to 24.8	28		
+4.0 to +3.2	+4	24.9 to 25.7	29		
+3.1 to +2.3	+3	25.8 to 26.6	30		
+2.2 to +1.5	+2	26.7 to 27.5	31		
+1.4 to +0.6	+1	27.6 to 28.3	32		
+0.5 to 0.3	0	28.4 to 29.2	33		
0.4 to 1.2	1	29.3 to 30.1	34		
1.3 to 2.1	2	30.2 to 31.0	35		
2.2 to 2.9	3	31.1 to 31.8	36		
3.0 to 3.8	4	31.9 to 32.7	37		
3.9 to 4.7	5	32.8 to 33.6	38		
4.8 to 5.6	6	33.7 to 34.5	39		
5.7 to 6.4	7	34.6 to 35.3	40		
6.5 to 7.3	8	35.4 to 36.2	41		
7.4 to 8.2	9	36.3 to 37.1	42		
8.3 to 9.1	10	37.2 to 38.0	43		
9.2 to 9.9	11	38.1 to 38.8	44		
10.0 to 10.8	12	38.9 to 39.7	45		
10.9 to 11.7	13	39.8 to 40.6	46		
11.8 to 12.6	14	40.7 to 41.5	47		
12.7 to 13.4	15	41.6 to 42.3	48		
13.5 to 14.3	16	42.4 to 43.2	49		
14.4 to 15.2	17	43.3 to 44.1	50		
15.3 to 16.1	18	44.2 to 45.0	51		
16.2 to 16.9	19	45.1 to 45.9	52		
17.0 to 17.8	20	46.0 to 46.7	53		
17.9 to 18.7	21	46.8 to 47.6	54		
18.8 to 19.6	22	47.7 to 48.5	55		
19.7 to 20.4	23	48.6 to 49.4	56		
20.5 to 21.3	24	49.5 to 50.2	57		
21.4 to 22.2	25	50.3 to 51.1	58		
22.3 to 23.1	26	51.2 to 52.0	59		

## INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
52.1 to 52.9	60		
53.0 to 53.7	61		
53.8 to 54.0	62		

#### INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 70.2		Men's Silver (from 15 Apr 2025)		Par 72	Slope 122
Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™		
+5.0 to +4.4	+7	26.3 to 27.1	27		
+4.3 to +3.5	+6	27.2 to 28.0	28		
+3.4 to +2.6	+5	28.1 to 28.9	29		
+2.5 to +1.6	+4	29.0 to 29.9	30		
+1.5 to +0.7	+3	30.0 to 30.8	31		
+0.6 to 0.2	+2	30.9 to 31.7	32		
0.3 to 1.2	+1	31.8 to 32.6	33		
1.3 to 2.1	0	32.7 to 33.6	34		
2.2 to 3.0	1	33.7 to 34.5	35		
3.1 to 3.9	2	34.6 to 35.4	36		
4.0 to 4.9	3	35.5 to 36.4	37		
5.0 to 5.8	4	36.5 to 37.3	38		
5.9 to 6.7	5	37.4 to 38.2	39		
6.8 to 7.6	6	38.3 to 39.1	40		
7.7 to 8.6	7	39.2 to 40.1	41		
8.7 to 9.5	8	40.2 to 41.0	42		
9.6 to 10.4	9	41.1 to 41.9	43		
10.5 to 11.3	10	42.0 to 42.8	44		
11.4 to 12.3	11	42.9 to 43.8	45		
12.4 to 13.2	12	43.9 to 44.7	46		
13.3 to 14.1	13	44.8 to 45.6	47		
14.2 to 15.0	14	45.7 to 46.5	48		
15.1 to 16.0	15	46.6 to 47.5	49		
16.1 to 16.9	16	47.6 to 48.4	50		
17.0 to 17.8	17	48.5 to 49.3	51		
17.9 to 18.8	18	49.4 to 50.2	52		
18.9 to 19.7	19	50.3 to 51.2	53		
19.8 to 20.6	20	51.3 to 52.1	54		
20.7 to 21.5	21	52.2 to 53.0	55		
21.6 to 22.5	22	53.1 to 53.9	56		
22.6 to 23.4	23	54.0 to 54.0	57		
23.5 to 24.3	24				
24.4 to 25.2	25				
25.3 to 26.2	26				

## INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 67.8		Men's Black (from 15 Apr 2025)		Par 73	Slope 118
Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™		
+5.0 to +4.2	+10	25.6 to 26.5	22		
+4.1 to +3.2	+9	26.6 to 27.4	23		
+3.1 to +2.3	+8	27.5 to 28.4	24		
+2.2 to +1.3	+7	28.5 to 29.3	25		
+1.2 to +0.3	+6	29.4 to 30.3	26		
+0.2 to 0.6	+5	30.4 to 31.3	27		
0.7 to 1.6	+4	31.4 to 32.2	28		
1.7 to 2.5	+3	32.3 to 33.2	29		
2.6 to 3.5	+2	33.3 to 34.1	30		
3.6 to 4.5	+1	34.2 to 35.1	31		
4.6 to 5.4	0	35.2 to 36.1	32		
5.5 to 6.4	1	36.2 to 37.0	33		
6.5 to 7.3	2	37.1 to 38.0	34		
7.4 to 8.3	3	38.1 to 38.9	35		
8.4 to 9.2	4	39.0 to 39.9	36		
9.3 to 10.2	5	40.0 to 40.8	37		
10.3 to 11.2	6	40.9 to 41.8	38		
11.3 to 12.1	7	41.9 to 42.8	39		
12.2 to 13.1	8	42.9 to 43.7	40		
13.2 to 14.0	9	43.8 to 44.7	41		
14.1 to 15.0	10	44.8 to 45.6	42		
15.1 to 15.9	11	45.7 to 46.6	43		
16.0 to 16.9	12	46.7 to 47.5	44		
17.0 to 17.9	13	47.6 to 48.5	45		
18.0 to 18.8	14	48.6 to 49.5	46		
18.9 to 19.8	15	49.6 to 50.4	47		
19.9 to 20.7	16	50.5 to 51.4	48		
20.8 to 21.7	17	51.5 to 52.3	49		
21.8 to 22.6	18	52.4 to 53.3	50		
22.7 to 23.6	19	53.4 to 54.0	51		
23.7 to 24.6	20				
24.7 to 25.5	21				

## INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 65.2

Men's Composite (from 15 Apr 2025)

Par 72

Slope 114

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+12	26.1 to 27.0	20
+4.6 to +3.7	+11	27.1 to 28.0	21
+3.6 to +2.7	+10	28.1 to 29.0	22
+2.6 to +1.7	+9	29.1 to 30.0	23
+1.6 to +0.7	+8	30.1 to 31.0	24
+0.6 to 0.2	+7	31.1 to 32.0	25
0.3 to 1.2	+6	32.1 to 33.0	26
1.3 to 2.2	+5	33.1 to 33.9	27
2.3 to 3.2	+4	34.0 to 34.9	28
3.3 to 4.2	+3	35.0 to 35.9	29
4.3 to 5.2	+2	36.0 to 36.9	30
5.3 to 6.2	+1	37.0 to 37.9	31
6.3 to 7.2	0	38.0 to 38.9	32
7.3 to 8.2	1	39.0 to 39.9	33
8.3 to 9.2	2	40.0 to 40.9	34
9.3 to 10.2	3	41.0 to 41.9	35
10.3 to 11.2	4	42.0 to 42.9	36
11.3 to 12.1	5	43.0 to 43.9	37
12.2 to 13.1	6	44.0 to 44.9	38
13.2 to 14.1	7	45.0 to 45.8	39
14.2 to 15.1	8	45.9 to 46.8	40
15.2 to 16.1	9	46.9 to 47.8	41
16.2 to 17.1	10	47.9 to 48.8	42
17.2 to 18.1	11	48.9 to 49.8	43
18.2 to 19.1	12	49.9 to 50.8	44
19.2 to 20.1	13	50.9 to 51.8	45
20.2 to 21.1	14	51.9 to 52.8	46
21.2 to 22.1	15	52.9 to 53.8	47
22.2 to 23.0	16	53.9 to 54.0	48
23.1 to 24.0	17		
24.1 to 25.0	18		
25.1 to 26.0	19		

## INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 62.7		Men's Gold (from 15 Apr 2025)		Par 72	Slope 103
Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™		
+5.0 to +4.7	+14	26.2 to 27.2	15		
+4.6 to +3.6	+13	27.3 to 28.3	16		
+3.5 to +2.5	+12	28.4 to 29.4	17		
+2.4 to +1.4	+11	29.5 to 30.4	18		
+1.3 to +0.3	+10	30.5 to 31.5	19		
+0.2 to 0.8	+9	31.6 to 32.6	20		
0.9 to 1.9	+8	32.7 to 33.7	21		
2.0 to 3.0	+7	33.8 to 34.8	22		
3.1 to 4.1	+6	34.9 to 35.9	23		
4.2 to 5.2	+5	36.0 to 37.0	24		
5.3 to 6.3	+4	37.1 to 38.1	25		
6.4 to 7.4	+3	38.2 to 39.2	26		
7.5 to 8.5	+2	39.3 to 40.3	27		
8.6 to 9.6	+1	40.4 to 41.4	28		
9.7 to 10.7	0	41.5 to 42.5	29		
10.8 to 11.8	1	42.6 to 43.6	30		
11.9 to 12.9	2	43.7 to 44.7	31		
13.0 to 14.0	3	44.8 to 45.8	32		
14.1 to 15.1	4	45.9 to 46.9	33		
15.2 to 16.2	5	47.0 to 48.0	34		
16.3 to 17.3	6	48.1 to 49.1	35		
17.4 to 18.4	7	49.2 to 50.2	36		
18.5 to 19.5	8	50.3 to 51.3	37		
19.6 to 20.6	9	51.4 to 52.4	38		
20.7 to 21.7	10	52.5 to 53.5	39		
21.8 to 22.8	11	53.6 to 54.0	40		
22.9 to 23.9	12				
24.0 to 25.0	13				
25.1 to 26.1	14				

## INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 76.2

Women's Silver (from 15 Apr 2025)

Par 72

Slope 134

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+2	23.1 to 23.8	32
+4.8 to +4.0	+1	23.9 to 24.7	33
+3.9 to +3.2	0	24.8 to 25.5	34
+3.1 to +2.3	1	25.6 to 26.3	35
+2.2 to +1.5	2	26.4 to 27.2	36
+1.4 to +0.6	3	27.3 to 28.0	37
+0.5 to 0.2	4	28.1 to 28.9	38
0.3 to 1.0	5	29.0 to 29.7	39
1.1 to 1.9	6	29.8 to 30.6	40
2.0 to 2.7	7	30.7 to 31.4	41
2.8 to 3.6	8	31.5 to 32.2	42
3.7 to 4.4	9	32.3 to 33.1	43
4.5 to 5.3	10	33.2 to 33.9	44
5.4 to 6.1	11	34.0 to 34.8	45
6.2 to 6.9	12	34.9 to 35.6	46
7.0 to 7.8	13	35.7 to 36.5	47
7.9 to 8.6	14	36.6 to 37.3	48
8.7 to 9.5	15	37.4 to 38.2	49
9.6 to 10.3	16	38.3 to 39.0	50
10.4 to 11.2	17	39.1 to 39.8	51
11.3 to 12.0	18	39.9 to 40.7	52
12.1 to 12.9	19	40.8 to 41.5	53
13.0 to 13.7	20	41.6 to 42.4	54
13.8 to 14.5	21	42.5 to 43.2	55
14.6 to 15.4	22	43.3 to 44.1	56
15.5 to 16.2	23	44.2 to 44.9	57
16.3 to 17.1	24	45.0 to 45.7	58
17.2 to 17.9	25	45.8 to 46.6	59
18.0 to 18.8	26	46.7 to 47.4	60
18.9 to 19.6	27	47.5 to 48.3	61
19.7 to 20.4	28	48.4 to 49.1	62
20.5 to 21.3	29	49.2 to 50.0	63
21.4 to 22.1	30	50.1 to 50.8	64
22.2 to 23.0	31	50.9 to 51.6	65

## INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
51.7 to 52.5	66		
52.6 to 53.3	67		
53.4 to 54.0	68		

#### INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.



Course Rating 73.4

Women's Black (from 15 Apr 2025)

Par 72

Slope 129

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	+4	23.8 to 24.6	29
+4.2 to +3.5	+3	24.7 to 25.4	30
+3.4 to +2.6	+2	25.5 to 26.3	31
+2.5 to +1.7	+1	26.4 to 27.2	32
+1.6 to +0.8	0	27.3 to 28.1	33
+0.7 to 0.0	1	28.2 to 28.9	34
0.1 to 0.9	2	29.0 to 29.8	35
1.0 to 1.8	3	29.9 to 30.7	36
1.9 to 2.7	4	30.8 to 31.6	37
2.8 to 3.5	5	31.7 to 32.4	38
3.6 to 4.4	6	32.5 to 33.3	39
4.5 to 5.3	7	33.4 to 34.2	40
5.4 to 6.2	8	34.3 to 35.1	41
6.3 to 7.0	9	35.2 to 36.0	42
7.1 to 7.9	10	36.1 to 36.8	43
8.0 to 8.8	11	36.9 to 37.7	44
8.9 to 9.7	12	37.8 to 38.6	45
9.8 to 10.5	13	38.7 to 39.5	46
10.6 to 11.4	14	39.6 to 40.3	47
11.5 to 12.3	15	40.4 to 41.2	48
12.4 to 13.2	16	41.3 to 42.1	49
13.3 to 14.1	17	42.2 to 43.0	50
14.2 to 14.9	18	43.1 to 43.8	51
15.0 to 15.8	19	43.9 to 44.7	52
15.9 to 16.7	20	44.8 to 45.6	53
16.8 to 17.6	21	45.7 to 46.5	54
17.7 to 18.4	22	46.6 to 47.3	55
18.5 to 19.3	23	47.4 to 48.2	56
19.4 to 20.2	24	48.3 to 49.1	57
20.3 to 21.1	25	49.2 to 50.0	58
21.2 to 21.9	26	50.1 to 50.8	59
22.0 to 22.8	27	50.9 to 51.7	60
22.9 to 23.7	28	51.8 to 52.6	61

## INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
52.7 to 53.5	62		
53.6 to 54.0	63		

#### INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 70.3

Women's Composite (from 15 Apr 2025)

Par 72

Slope 121

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+7	25.5 to 26.3	26
+4.4 to +3.6	+6	26.4 to 27.2	27
+3.5 to +2.7	+5	27.3 to 28.2	28
+2.6 to +1.7	+4	28.3 to 29.1	29
+1.6 to +0.8	+3	29.2 to 30.0	30
+0.7 to 0.1	+2	30.1 to 31.0	31
0.2 to 1.1	+1	31.1 to 31.9	32
1.2 to 2.0	0	32.0 to 32.8	33
2.1 to 2.9	1	32.9 to 33.8	34
3.0 to 3.9	2	33.9 to 34.7	35
4.0 to 4.8	3	34.8 to 35.6	36
4.9 to 5.7	4	35.7 to 36.6	37
5.8 to 6.7	5	36.7 to 37.5	38
6.8 to 7.6	6	37.6 to 38.4	39
7.7 to 8.5	7	38.5 to 39.4	40
8.6 to 9.5	8	39.5 to 40.3	41
9.6 to 10.4	9	40.4 to 41.2	42
10.5 to 11.3	10	41.3 to 42.2	43
11.4 to 12.3	11	42.3 to 43.1	44
12.4 to 13.2	12	43.2 to 44.0	45
13.3 to 14.1	13	44.1 to 45.0	46
14.2 to 15.1	14	45.1 to 45.9	47
15.2 to 16.0	15	46.0 to 46.8	48
16.1 to 16.9	16	46.9 to 47.8	49
17.0 to 17.9	17	47.9 to 48.7	50
18.0 to 18.8	18	48.8 to 49.6	51
18.9 to 19.7	19	49.7 to 50.6	52
19.8 to 20.7	20	50.7 to 51.5	53
20.8 to 21.6	21	51.6 to 52.4	54
21.7 to 22.5	22	52.5 to 53.4	55
22.6 to 23.5	23	53.5 to 54.0	56
23.6 to 24.4	24		
24.5 to 25.4	25		

## INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 66.0

Women's Gold (from 15 Apr 2025)

Par 72

Slope 116

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.4	+11	25.9 to 26.7	21
+4.3 to +3.5	+10	26.8 to 27.7	22
+3.4 to +2.5	+9	27.8 to 28.7	23
+2.4 to +1.5	+8	28.8 to 29.7	24
+1.4 to +0.5	+7	29.8 to 30.6	25
+0.4 to 0.4	+6	30.7 to 31.6	26
0.5 to 1.4	+5	31.7 to 32.6	27
1.5 to 2.4	+4	32.7 to 33.6	28
2.5 to 3.4	+3	33.7 to 34.5	29
3.5 to 4.3	+2	34.6 to 35.5	30
4.4 to 5.3	+1	35.6 to 36.5	31
5.4 to 6.3	0	36.6 to 37.5	32
6.4 to 7.3	1	37.6 to 38.4	33
7.4 to 8.2	2	38.5 to 39.4	34
8.3 to 9.2	3	39.5 to 40.4	35
9.3 to 10.2	4	40.5 to 41.4	36
10.3 to 11.2	5	41.5 to 42.3	37
11.3 to 12.1	6	42.4 to 43.3	38
12.2 to 13.1	7	43.4 to 44.3	39
13.2 to 14.1	8	44.4 to 45.2	40
14.2 to 15.0	9	45.3 to 46.2	41
15.1 to 16.0	10	46.3 to 47.2	42
16.1 to 17.0	11	47.3 to 48.2	43
17.1 to 18.0	12	48.3 to 49.1	44
18.1 to 18.9	13	49.2 to 50.1	45
19.0 to 19.9	14	50.2 to 51.1	46
20.0 to 20.9	15	51.2 to 52.1	47
21.0 to 21.9	16	52.2 to 53.0	48
22.0 to 22.8	17	53.1 to 54.0	49
22.9 to 23.8	18		
23.9 to 24.8	19		
24.9 to 25.8	20		

## INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.